

# Yoga im Sommer

**Montag 19:15 – 20:30**

HATHA FLOW (Shirin - Level 1-2)

**Dienstag 18:30 – 19:30**

THERAPEUTISCHES YOGA (Marlon – all Level)

**Dienstag 19:45 – 21:00**

YOGA ON BEAT (Marlon - Level 1)

**Mittwoch 19:00 – 20:15**

HATHA FLOW (Larissa - Level 0-1)

**Donnerstag 18:30 – 19:30**

CORE (Marlon – Level 1-2)

**Donnerstag 19:45 – 21:00**

YIN YOGA (Marlon - all Level)

**Freitag 18:30 – 19:40**

YOGA BEGINNERS (Marlon – Level 0)

**Samstag 10:00 – 11:30**

VINYASA YOGA (Marlon - Level 1-2)

**Sonntag 10:30 – 12:00**

HATHA YOGA (Marlon - all Level)